

Martina



Profile

-  **Early 30's**
-  **Female**
-  **Tauranga**
-  **Years of Experience :**
1-3 Years

Words That My Friends Would Use to Describe Me:

Dedicated

Personable

Reliable

Encouraging

Skilled

Compassionate

Hi! I'm Martina

Martina is an experienced caregiver with a background in rest homes, recreational centers, and physio clinics. As a Support Worker and Physiotherapy Assistant, she combines expertise in mobility and rehabilitation with a compassionate, person-centered approach that enhances client dignity and independence.

Interest & Hobbies



Pilates



Health & wellness



Community activities



Massage & bodywork

Relevant Qualifications

- ✳ Driver's Licence
- ✳ First Aid Certificate
- ✳ **Healthcare Qualifications:**
 - Remedial Massage Dip. (L6) – Injury treatment
 - Relaxation & Sport Massage Cert. (L5)
 - NZ Cert Health & Wellbeing (L4) – CareerForce
 - NZ App. Community Facilitation (L4)
 - Care Giver Diploma – R.E.B.A.
 - Physiotherapist Assistant Certification
 - Palliative Care Fundamentals – Hospice NZ
 - Understanding Dementia MOOC – Tasmania
 - Pilates Mat Series 1 & 2 – Polestar Pilates NZ

Industry Experience

Martina provides hands-on care focused on mobility support, physical rehabilitation, and daily well-being across diverse care environments. Supported by specialized training in dementia, palliative care, and diversional therapy, she delivers respectful, person-centered support that helps clients maintain their quality of life.