

Lua



Profile

-  **Mid-20's**
-  **Female**
-  **Christchurch**
-  **Years of Experience :**
3+ Years

Words That My Friends Would Use to Describe Me:

Caring Compassionate
Positive Respectful
Reliable Adaptable

Hi! I'm

Lua Alvarez

Lua is a compassionate and dedicated Registered Nurse with more than five years of healthcare experience. She is passionate about supporting people to live independently while maintaining their wellbeing and dignity. With a strong clinical background and a calm, professional approach, she is skilled at building genuine relationships and providing person-centred care. Lua enjoys connecting with people from diverse backgrounds and is equally comfortable offering meaningful conversation or quiet companionship. She is known for her kindness, reliability, and commitment to high-quality care.

Interest & Hobbies



Hiking



Diving



Skiing



Reading



Travel

Relevant Qualifications

- ★ First Aid Certificate
- ★ Driver's Licence
- ★ **Healthcare Qualifications:**
 - Bachelor of Nursing, A Coruña University
 - Registered Nurse

Industry Experience

Lua has more than five years of experience as a Registered Nurse in hospital settings, including nine months providing Hospital at Home services. She has supported older adults and dependent patients with personal care, mobility support, medication management, wound care, falls prevention, and chronic health conditions. Her emergency nursing background has strengthened her assessment skills, clinical knowledge, and ability to respond calmly and effectively in changing situations.