Home Carers
Reliable Aged Care Since 2014

Cathie



Hi! I'm Catherine Macrae

Cathie is a mature, vibrant, and compassionate caregiver who brings an artistic flair and natural enthusiasm to her work with older adults. Guided by a holistic approach to wellbeing, she creates a warm, nurturing environment that honors the dignity and individuality of every person she supports. She thrives on forming genuine rapport with clients, bringing an uplifting presence that helps seniors feel valued, respected, and truly cared for.

Profile

- **Mature**
- Female
- Tauranga
- 3+ **Years of Experience :**

  3+ Years

Words That My Friends Would Use to Describe Me:

Vibrant | Compassionate | Creative | Enthusiastic | Nurturing | Motivated

Interest & Hobbies

- Tai chi & yoga
- Ballroom & Latin dancing
- Floral art
- Natural health

Relevant Qualifications

- Driver's Licence
- First Aid Certificate

Industry Experience

Cathie offers over a decade of caregiving experience across residential facilities, independent living services, and private dementia care. Her background includes six years with IDEA Services assisting with meal preparation, appointments, and daily routines. She delivers holistic, person-centered support focused on empowering clients to maintain their independence and wellbeing.