

Tonia



Profile

-  **Late 50's**
-  **Female**
-  **Merivale, Christchurch**
-  **Years of Experience :**
3+ Years

Words That My Friends Would Use to Describe Me:

Kind Empathetic
Reliable

Interest & Hobbies

-  Travel
-  Keeping Fit
-  Walking
-  Singing in A Choir

Hi! I'm Tonia Clarke

Tonia is a kind, empathetic and reliable carer with over 10 years' experience supporting the elderly, including those living with dementia. She offer gentle care that respects each individual's dignity, comfort and independence, along with emotional well-being. Tonia's calm and patient nature helps create a safe and nurturing environment where people feel valued and understood.



Relevant Qualifications

- ★ First Aid Certificate
- ★ Driver's Licence
- ★ **Healthcare Qualifications:** N/A



Industry Experience

2011

Caregiver

Personal Client

Tonia supported a woman in her seventies experiencing a mental health condition, providing companionship, walks, shopping assistance, and transport to appointments.

2010-2011

Volunteer

Pregnancy Help Line

Tonia offered compassionate support and guidance to individuals during pregnancy, helping them connect with essential community resources.