

Sarah

Profile

-  **Mid-Life**
-  **Female**
-  **Central**
-  **Years of Experience :**
1-3 Years

Words That My Friends Would Use to Describe Me:

Warm Compassionate
Kind Dedicated
Caring Trustworthy

Hi! I'm Sarah Lesley

Sarah is a caring and dedicated support worker with a strong passion for helping others. With experience as a Teacher Aide and in family respite care, she is committed to providing thoughtful, hands-on support that promotes comfort and independence. Sarah's warm nature and reliability make her a trusted and compassionate presence for those she supports.

Interest & Hobbies



Reading



Gardening



Walking



Baking



Shopping



Camping

Quality Time
with Family
and Friends

Relevant Qualifications

- ★ First Aid Certificate
- ★ Driver's Licence
- ★ **Healthcare Qualifications:** N/A

Industry Experience

2019-2023**Teacher Aide***Ferndale Special Needs School*

Sarah assisted children with toileting, dressing, feeding, and community outings. She currently provides respite support for a family member, helping with meals, walks, light cleaning, and companionship.