

Jashmine



Profile

-  **40's**
-  Female
-  Christchurch
-  **Years of Experience :**
10+ Years

Words That My Friends Would Use to Describe Me:

Helpful Kind Caring
Hearted Gentle

Interest & Hobbies

-  Reading
-  Friendships
-  Church
-  Quality Time with Family and Friends

Hi! I'm Jashmine Sharma

Jashmine is a caring and patient support worker with a natural ability to nurture and assist others. With experience in caregiving and as a dedicated mother of three, she brings empathy, attentiveness, and calm support to every role. Jashmine is known for her friendly nature and reliability, creating a warm and reassuring environment for those in her care.



Relevant Qualifications

- ✦ First Aid Certificate
- ✦ Driver's Licence
- ✦ **Healthcare Qualifications:**
 - NZQA Diversional Therapist L4
 - NZQA Community Support Services Residential L3
 - NZQA Health Disability and Aged Support L3



Industry Experience

2015-2023

Diversional Therapist

Palm Grove Oceania

Jashmine designed and delivered therapeutic, engaging activities for aged care residents, promoting happiness, independence, and social connection tailored to their interests and abilities.

3 Years

Caregiver (at D6 Facility)

Rosewood Rest Home

Jashmine provided day-to-day care and support to residents, assisting with personal care, routines, and emotional well-being.