



Sarah



Profile

-  Mid - Life
-  Female
-  Central
-  **Years of Experience :**
1-3 Years

Availability

-  **Weekly Hours :**
10-15 Hours/weeks
-  **Care Type :**
Weekday Weekend
Overnight

Hi! I'm Sarah

Sarah is a caring and dedicated support worker with a strong passion for helping others. With experience as a Teacher Aide and in family respite care, she is committed to providing thoughtful, hands-on support that promotes comfort and independence. Sarah's warm nature and reliability make her a trusted and compassionate presence for those she supports.

Interest & Hobbies



Reading



Gardening



Walking



Baking



Shopping



Camping

Quality Time
with Family
and Friends

Qualifications Relevant

-  First Aid Certificate
-  Driver's Licence

Industry Experience

2019-2023

Teacher Aide*Ferndale Special Needs School*

Sarah assisted children with toileting, dressing, feeding, and community outings. She currently provides respite support for a family member, helping with meals, walks, light cleaning, and companionship.